

Noah

NOAH provides homes and services to poor elderly people in the Western Cape. The organization believes in keeping elderly people in their communities for as long as possible. Their vision is to provide a home, health and happiness for every older person and their model is focused on providing an integrated package of housing and services to the elderly within their communities. Noah aims to create homes rather than institutions. As a result of Noah's work, elderly people feel more secure and happier, they stay connected to their communities, retain their dignity and independence and are able to remain healthy and active for as long as possible.

NOAH runs a creative soap-making workshop as an income-generating initiative in Khayelitsha. Members of the NOAH social clubs in Khayelitsha are struggling to support themselves and their dependents on their monthly social pension. After experimenting with a number of income-generating schemes (knitting beanies, paper mache bowls, sewing aprons) the organization settled on soap. Since late last year, members of the clubs have been making scented soap with natural ingredients to sell and so create an additional income for themselves and their families, many of whom are affected by HIV/AIDS.



Project dates	Volunteers start on a Monday.
Dates closed	Closes over Christmas & New Year.
Country	South Africa
State/ Province	Western Cape
Closest town / city	Cape Town
Details	Volunteers will help with the soap project.
Application subject to	Vacancies and availability of volunteer positions.
CV/ resume needed?	Yes
Police clearance certificate	No
Minimum age	18
Project highlights	Making a difference in the lives of the elderly. Helping them to be independent by generating their own income.
Your role	<ol style="list-style-type: none"> 1. Assisting the soap makers with the implementation of the soap production system. 2. Making recommendations to improve the systems that are currently in place. 3. Assisting with the development of a marketing plan to facilitate the sale of soap. 4. Updating, maintaining and promoting the Facebook page. <p><i>Here is an example of a typical working day at NOAH:</i></p> <p>09:00 Volunteers arrives at the premises where the social club takes place. Everybody prays together. The elderly perform their daily exercises.</p> <p>10:30 Breakfast is served, usually sandwiches and tea.</p> <p>11:00 Start with the activities (soap making).</p> <p>12:30 Pack up everything and clean up.</p> <p>13:00 Lunch is served and elderly leaves. Volunteers stay behind to clean up & prepare for the next day.</p>
Minimum duration	2 weeks
Special skills required	Any business-type background would be great.
Language skills required	Good understanding of English.
Accommodation	<p>Not included. All Good Hope Studies accommodation options are available.</p> <p>We recommend that students book either homestay accommodation or the student residence when enrolling for this project.</p> <p>Homestay –You may book a single or double room and your family will supply you with breakfast and dinner. Travel distance is between 20-30 minutes to Woodstock. In the southern suburbs, all host-families stay in private houses with gardens, while in the city centre most stay in apartments.</p> <p>Student Residence –Our Student Residence is conveniently located between Newlands and the City Centre in the suburb of Observatory. The residence offers self-catering with a fully equipped kitchen with a stove, a fridge, a microwave and a toaster. The MetroRail station is only a two-minute walk away. From there it is only two stations to Woodstock station with a 10 minute walk to the project.</p>

Accommodation (continued)	Student House - From Newlands station volunteers will have to travel six stations to Woodstock station, with a 10-minute walk to the project. The house offers self-catering with a fully equipped kitchen with a stove, a fridge, a microwave and a toaster.
Meals	Not included.
Local transport	Not included: Volunteers will need to travel to Woodstock and will be transported to Khayelitsha daily. Depending on the distance between the accommodation and the project, daily transport can be by MetroRail, bicycle, rented car or private transfer. Costs range from € 5 / US\$ 6.50 (MetroRail) to € 110 / US\$ 140 (private transfer) per week.
What to bring?	Camera, toiletries, any medication, warm clothes if winter, pair of slippers to keep your feet warm, sun screen if summer (despite the heat it can still get rather cold in the evenings so make sure you still bring a couple of jumpers), rain jacket, adaptors, mobile phone, food, spending money, towel, household cleaning products, i.e. washing powder. All these goods and anything else can be bought at local supermarkets in South Arica.
Potential health risks	HIV / Aids
Optional Tours	
Is the work dangerous?	n/a